1. People work to meet there needs wants and goals.
2. My identity at this moment is that I am a student and an athlete
3. Factors that affect you career choice are values lifestyle aptitudes interests and personal qualities.
4. Values are the ideals in life that are important to you. My parents may be our family, their work, and our house. Mine are my family, friends, and sports I play.
5. Aptitude is a natural talent and it is good to know them so you can use it in work.
6. Personal qualities are what make up your personality. 3 of mine are that im athletic smart and have a good general attitude.
7. 1 Self analysis, 2 Research, 3 Plan of action, 4 Re-evaluation.
8. People need to set goals because they give you a sense of direction and purpose in life.
9. Short term goal is under a year, interim is within 3, long term is over 3
10. 5 sources for jobs may be contacts, school counseling, public and private employment agencies, newspapers, and yellowpages.
11. If you have no contacts try to get to know people who can tell you about openings.
12. The cooperative work experience, or supervised field experience.
14. Job searching sites such as monster.com, carreerbuilder.com, and cooljobs.com.
15. It keeps you organized, shows you what you have done, and indicates what you still have left to do.